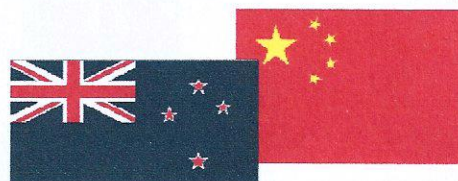


NZ China Friendship Soc. Hibiscus Coast Branch Friends News

朋友們消息

péng yǒu men xiǎo xī

July 2007



Patron:	Philip Burton	
Branch President:	Marie Greetham	09 426 2274
Secretary:	Allen Crosby	09 427 4009
Treasurer:	Dicky Hutchings	09 426 4480
Editor:	Duncan France	09 424 8809

Talk by Dr. Joan Campbell, M.B., Ch.B., Clin. Acup. (Nanjing)

Dr Campbell is a highly respected teacher in Acupuncture at Auckland University of Technology. As you can see from the letters after her name, she is qualified in both Western Medicine and Chinese Acupuncture. Many of the acupuncturists in New Zealand were taught by Dr. Campbell. She has made many trips to China with her students, and is a very interesting and **stimulating** speaker.

If you have any questions regarding acupuncture, Dr Campbell is the best person in New Zealand to ask.

Acupuncture's place in Western medicine

at

Orewa College Auditorium

(50m from Main gate)

7.00pm Friday July 20

Light refreshments, gold-coin donation

Please bring as many friends and contacts as possible.

Note that in the following article, if viewed on a PC, to access further references: hover your cursor over the blue-highlighted text, then press 'Control' and click the left mouse button.

Acupuncture (from Lat. *acus*, "needle" (noun), and *pungere*, "prick" (verb) or in [Standard Mandarin](#), zhēn jiǔ (針灸 lit: needle - [moxibustion](#)) is a technique of inserting and manipulating [filiform](#) needles into "[acupuncture points](#)" on the body with the aim of restoring health and well-being, e.g. treating [pain](#). The definition and characterization of these points is standardized by the [World Health Organization](#) (WHO). Acupuncture is thought to have originated in [China](#) and is most commonly associated with [Traditional Chinese medicine](#) (TCM). Different types of acupuncture (Japanese, Korean, and classical Chinese acupuncture) are practiced and taught throughout the world.



Acupuncture chart from Hua Shou (fl. 1340s, China Ming dynasty). This image from *Shi si jing fa hui* (Expression of the Fourteen Meridians). ([Tokyo]: Suharaya Heisuke kankō, Kyōhō gan [1716]).

Scientists are studying the mechanisms and efficacy of acupuncture. According to the protocols of [evidence-based medicine](#), there is good evidence that acupuncture is effective in treating [nausea](#)^{[2][3]} and chronic [low back pain](#)^{[4][5]}, and moderate evidence for [neck pain](#)^[6] and [headache](#)^[7]. The [WHO](#), the [National Center for](#)

Complementary and Alternative Medicine (NCCAM) of the National Institute of Health (NIH), the American Medical Association (AMA) and various government reports have also studied and commented on the efficacy of acupuncture. There is general agreement that acupuncture is at least safe when administered by well-trained practitioners, and that further research is warranted. Traditional Chinese medicine (TCM) 's acupuncture theory predates the use of the scientific method, and has received various criticisms and acclaims.

For an extract on one aspect of acupuncture from 'A Barefoot Doctor's Manual' - 1970, see pages 3-4.

Recent Events

June 25 (Monday), Talk by Prof. Bill Willmott (a leading NZ expert on China) on **The current situation in China, problems and progress.**

Bill gave an extremely polished and interesting talk on China. He started by showing how its history from the beginning of the last millennium explains the ways in which China has developed, thus putting its many problems, such as fighting desertification, into context. He also covered its political objectives and even what might happen in the future.

Membership News

Membership stands at 29 incl. 'additional' family members and 3 Corporate members.

New Members: Welcome to Peter and Helen Xu.

Programme

July 20, Friday, Talk by Joan Campbell, M.B., ChB, Clin. Acup. (Nanjing), on **Acupuncture's place in Western medicine** (7pm, Orewa College Auditorium).

August 16, Thursday, Illustrated talk by Duncan France, on his China trip, (7pm, Orewa College Auditorium).

September 30th, Sunday, Banquet for China, National Day (Mon Oct 1st).

Forthcoming Events 最新動態

John Yang*'s Solo Exhibition

15 - 31 July 2007, 9:00am - 5:00pm

Opening Function: 5:00-7:00pm on 15 July.
Art Gallery, level 4, Aotea Centre, Auckland City

Admission: Free

*http://en.wikipedia.org/wiki/John_Yang

(6th) New Zealand Chinese Arts Exhibition

5 - 25 August 2007, 9:00am - 5:00pm

Opening Function: 5:00-7:00pm

on 5 August.

Art Gallery, level 4,
Aotea Centre, Auckland
Admission: Free

(5th) Chinese film Festival in New Zealand
September-October 2007

Exact dates: To be determined

Skycity, Auckland

Admission: Tickets for Sale

2008 First Night Auckland Celebration
31 December 2007

6:00pm - 2:00am 1 January 2008

Aotea Centre, Auckland

CHINA SCHOLARSHIP PROGRAMME 2008

According to a memorandum of understanding between the Ministries of Education in the Chinese and New Zealand governments, up to 15 New Zealand teachers of the Chinese language, who are non-native speakers of Chinese, may apply for the scholarships. This is a 4-week intensive Chinese language and cultural programme at Beijing University. Tuition, return air fare, accommodation and a living allowance will be provided to successful applicants. The scholarship is available to both prospective and current teachers of Chinese from Y7 to Y10. **Applications close 30 July 2007.**

For information please contact: Xiaomei Wang, China Scholarship Advisory Committee, c/- Confucius Institute in Auckland, Private Bag 92019, Auckland Mail Centre, Auckland 1142. xiaomei.x2@gmail.com
Phone: 021 2951383; Fax: 09 308 2370

Why not learn to speak Mandarin?

Tutor: Shelley, wife of Simon Yang
When start? 2:00pm Saturday 14th July
Where? Simon's Buffet Restaurant
Whangaparaoa Plaza
Cost: \$5 per hour per person

If interested, ring Allen Crosby 09-427 4009

Annual Subscription:

Personal	\$20
Family	\$30
Corporate	\$50

Contact: Dicky Hutchings (Branch Treasurer)
09-426-4480
dickyh@xtra.co.nz

Acupuncture (extract from 'A Barefoot Doctor's Manual' - 1970)

Mapped regions of the pinna (ear)

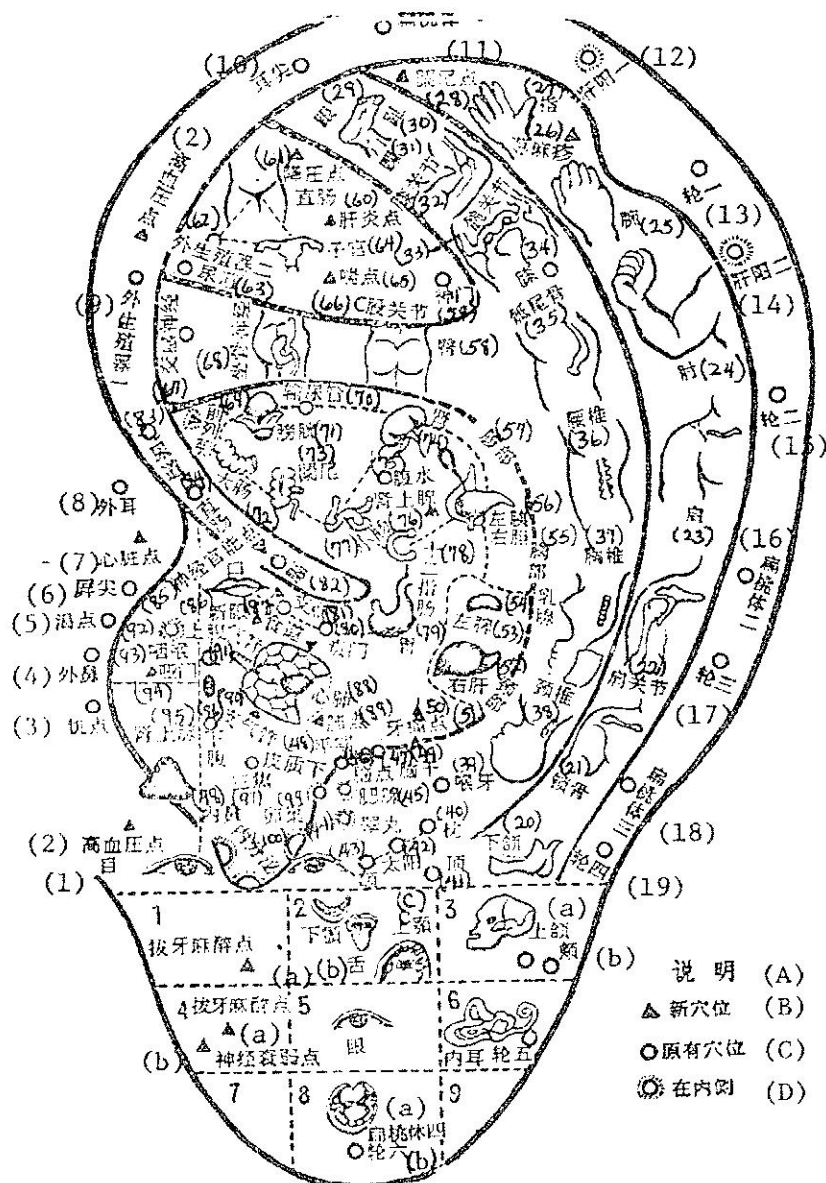


Figure 4-3-10. Mapped regions of the pinna

Zones in lobe:

1. Tooth extraction anaesthesia point
2. a. Mandible
b. Maxilla
c. Tongue
3. a. Palette
b. Cheek
4. a. Tooth extraction anaesthesia point
b. Neurasthenia point
5. Eyes
6. Inner ear wheel 5
7. ---
8. a. Tonsils 4
b. Wheel

Legend:

- (A) Explanation
- (B) New acupuncture points
- (C) Original acupuncture points
- (D) Located on medial aspect

Key to main part of ear:

1 Eye	43 Forehead	85 Nerve organic function point
2 High blood pressure point	44 Testicle	86 New eye
3 Hunger point	45 Parotid glands	87 Oesophagus
4 External nose	46 Subcortex	88 Heart and lungs
5 Thirst point	47 Brain point	89 Pulmonary (lung) point
6 Screen obstruction point (p'ing-tien, 1436, 7820)	48 P'ing-ch'uan (1527, 0820)	90 Bronchus
7 Heart point	49 Brain stem	91 Trachea
8 External ear	50 Toothache point	92 Upper abdomen
9 External genitals	51 Neck	93 Larynx
10 Ear lobe	52 Right liver	94 Ya-men (0800, 7024)
11 Tonsils	53 Left spleen	95 Adrenal gland
12 Yang-dominant liver one (kan-yang-1)	54 Mammary gland	96 Lower abdomen
13 Wheel (cycle) 1	55 Chest	97 Triple warmer (san-chiao)
14 Yang-dominant liver one (kan-yang-erh)	56 Left pancreas, right gallbladder	98 Inner nose
15 Wheel (cycle) 2	57 Abdomen	99 Ovary
16 Tonsils, 2	58 Buttocks	100 Endocrine gland
17 Wheel (cycle) 3	59 Shen-men (4377, 7024)	
18 Tonsils, 3	60 Hepatitis point	
19 Wheel (cycle) 4	61 Hypotensive (pressure lowering) point	
20 Jaw	62 External genitalia 2	
21 Clavicle	63 Urethra	
22 Shoulder joint	64 Uterus	
23 Shoulder	65 Wheezing	
24 Elbow	66 Hip joint	
25 Wrist	67 Sympathetic nerves	
26 Urticaria	68 Sciatic nerve	
27 Fingers	69 Prostate gland	
28 Appendix point (lan-wei tien)	70 Ureters	
29 Heel	71 Bladder	
30 Toes	72 Large intestine	
31 Ankle	73 Appendix	
32 Knee joint	74 Kidney	
33 Wrist joint	75 Ascites (peritoneal cavity fluid)	
34 Knee	76 Adrenal gland	
35 Coccyx	77 Small intestine	
36 Vertebrae, lumbar	78 Duodenum	
37 Vertebrae, thoracic	79 Stomach	
38 Vertebrae, cervical	80 Cardiac orifice	
39 Larynx	81 Support (leverage) point (chih tien)	
40 Occiput	82 Diaphragm	
41 Apex (of head)	83 Urethra	
42 T'ai-yang	84 Rectum	